


We are very lucky to have a PGCE student with us until the 21st of June, she is called Miss Holt and will be doing lots of the planning and teaching.

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| <p>Communication and Language Children will talk about their favourite foods. We will discuss what makes food healthy or unhealthy and how unhealthy foods should be eaten less often or as a treat. We will design a healthy meal and taste a range of foods and discuss how the foods taste and we like and dislike. We will talk about how we can keep our bodies healthy - the importance of a balanced diet, exercise and sleep. Personal, Social and Emotional Development - Children will be confident to try new things and will talk about their ideas. They will learn to work cooperatively and sort out conflicts.</p> | <p>Literacy Children will continue to read a range of fiction and non-fiction books and we will look at some poetry. We will label pictures and continue to read and write simple sentences. Some children will write more complex sentences using 'and' as a joining word. When writing, if a child doesn't know how to spell a word, they will use their phonics knowledge to sound words out. Children will also be expected to read and write some key words. Personal, Social and Emotional Development - Children will choose and use resources to help with their reading and writing.</p> | |
| <p>Mathematics Children will continue to extend their mathematical knowledge and through addition and subtraction, children will be using number lines or cubes to work out calculations. We will be revising the names of 3D shapes and talking about what they look like, using words like, corners, sides, straight and curved. We will introduce money and time and do some simple work on these areas. We will also look at estimation, weight and compare sizes. We will also be doubling and halving numbers and objects. Personal, Social and Emotional Development - Children will work alone or as part of a group.</p> | <p>How Can We Keep Healthy?</p>  | <p>Physical Development We will be talking about exercise and how it contributes to healthy living. During PE we will think about the impact exercise has on our body and how our body changes when we exercise. We will know the importance for good health and learn more about exercise, a healthy diet and keeping safe. We will do lots of our PE lessons outside and practise for sports day! We will continue to form our letters correctly and develop a neat handwriting style. Personal, Social and Emotional Development - Children will adjust their behaviour to different situations and take changes of routine in their stride.</p> |
| <p>Expressive Arts and Design Small world toys the children may play with include the doll's house, the hospital and the fire station. There is also a home corner and a surgery role-play area for the children to make-believe in. We will continue to paint a range of pictures and make models. We will design our own plate of food, looking at what is healthy and what is a 'treat'. Personal, Social and Emotional Development - Children will play with each other and listen to each other's ideas. They will say when they do or don't need help.</p> | <p>Understanding the World Children will learn about people in the community who help us keep healthy. We will look at their jobs and discuss why they are important. We will find information on the internet about jobs people do and use computer programs in school to enhance our understanding. We will also go on our trip to the farm. Personal, Social and Emotional Development - Children will show sensitivity to others' needs and feelings. They will continue to develop their positive relationships with adults and other children.</p> | |

Things you can do at home

- Talk about healthy choices with regards to the food they eat. Stress how we can eat all kinds of foods but that we should eat more of some than others, and that things like chocolates and sweets should only be eaten as a treat now and again.
- Encourage children to write sentences independently using full stops, capital letters and finger spaces.
- Keep reading and ask children questions to check they understand what they read.
- Practise reading and writing key words.
- Keep going through the phonics flashcards so your child is very familiar with them.

Books we are going to read-

- A day at Greenhill Farm
- The Train Ride
- Eat Well
- Handa's Surprise and Handa's Hen
- General books about food and healthy living.

If you have any books at home about keeping healthy, please share them with us at school.